

# Is it time for a medical alert service?

To find out, answer the nine questions below.

Place a check mark next to those that apply to you or someone you care for and then total the points. Your level of need for a medical alert service is explained in the far right column.



Questions	Points	Assessment of Need
1. Is it important to you to continue to live independently?	_____ 3	<b>0-6 points • MINIMAL NEED</b> Medical alert service may not be required at this time, but please reevaluate your needs from time-to-time as your health and situation change.
2. Do you spend time alone, either during the day or at night?	_____ 4	
3. Would the assurance that you could always reach help from anywhere in your home provide peace of mind for your family?	_____ 3	
4. Are you required to take more than four medications daily?	_____ 6	<b>7-14 points • POSSIBLE NEED</b> Family, nurses, physicians and other professional caregivers might advise you to consider installation of medical alert service.
5. Are you or your family concerned about the possibility of your falling in your home?	_____ 6	
6. Have you been hospitalized or been to the Emergency Room in the past 12 months?	_____ 4	<b>15-28 points • INCREASED NEED</b> Family, nurses, physicians and other professional caregivers would probably recommend you install medical alert service.
7. Are you presently using a cane, walker or other helpful aid to help you move about your home?	_____ 6	
8. Has your physician diagnosed you as having heart disease, stroke, pulmonary disorders, osteoporosis, diabetes or arthritis?	_____ 4	
9. Are you receiving assistance to help you with meal preparation, bathing, dressing, or toileting?	_____ 6	<b>29-40 Points • URGENT NEED</b> Family, nurses, physicians and other professional caregivers would probably recommend that you immediately install medical alert service.
<b>Total up the points from the nine questions and it will indicate your need for medical alert service.</b>	<b>Total</b> _____	

Important Note: This self-assessment tool may be helpful in helping you to identify any need that you may have for medical alert service, but each person's health and situation in different, so you should feel free to contact and consult with a trusted health professional on this matter.

For more information, visit [www.mycarelink.com](http://www.mycarelink.com)



# How CareLink® works

## 1. CALLING FOR HELP



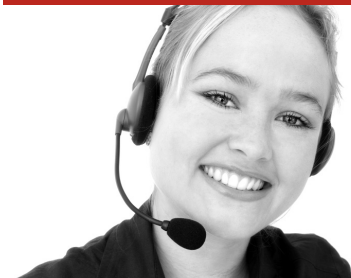
When you need help, just press your CarePendant button which will send a signal to the CareLink base unit in your home that is plugged into your telephone line.

## 2. CONNECTION TO CARING PEOPLE



Your CareLink base unit then dials the CareLink Support Center and establishes two-way voice communication with caring persons that are there for you every minute of every day.

## 3. YOU CONTROL THE RESPONSE



The Support Center personnel will talk with you, if possible over the two-way link and find out what response you desire.

## 4. HELP IS ON THE WAY



The Support Center personnel then contact your neighbor, loved one or emergency services based on your instructions, both written and verbal. They can ensure that assistance is dispatched and has arrived.